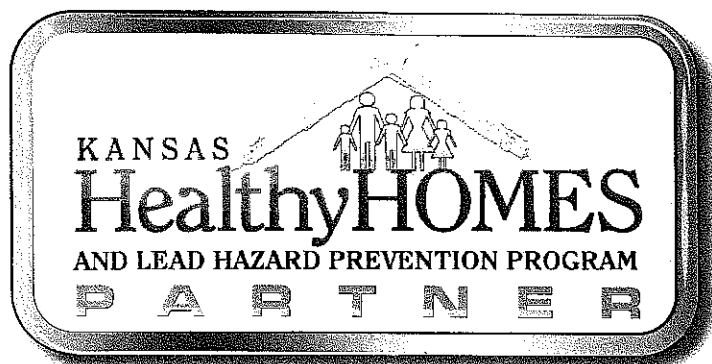


The KDHE (Kansas Department of Health and Environment) is a national leader in promoting Healthy Homes. By partnering with Green Initiatives Foundation, Inc., it has set the standard for innovation and high-quality tools to help the citizens of Kansas with their desire to acquire and maintain their own Healthy Homes.



CHECKMARKS ON REVERSE SIDE INDICATE COMPLETED ITEMS.
GO TO THIS WEB SITE TO CHECK YOUR SCORE:
www.KSHealthyHomes.org/checklist_tool.htm

CHECK OUT THESE ADDITIONAL RESOURCES FOR
CREATING AND MAINTAINING A HEALTHY HOME:

www.GreenInitiativesFoundation.org : Click On "HH RESOURCES"

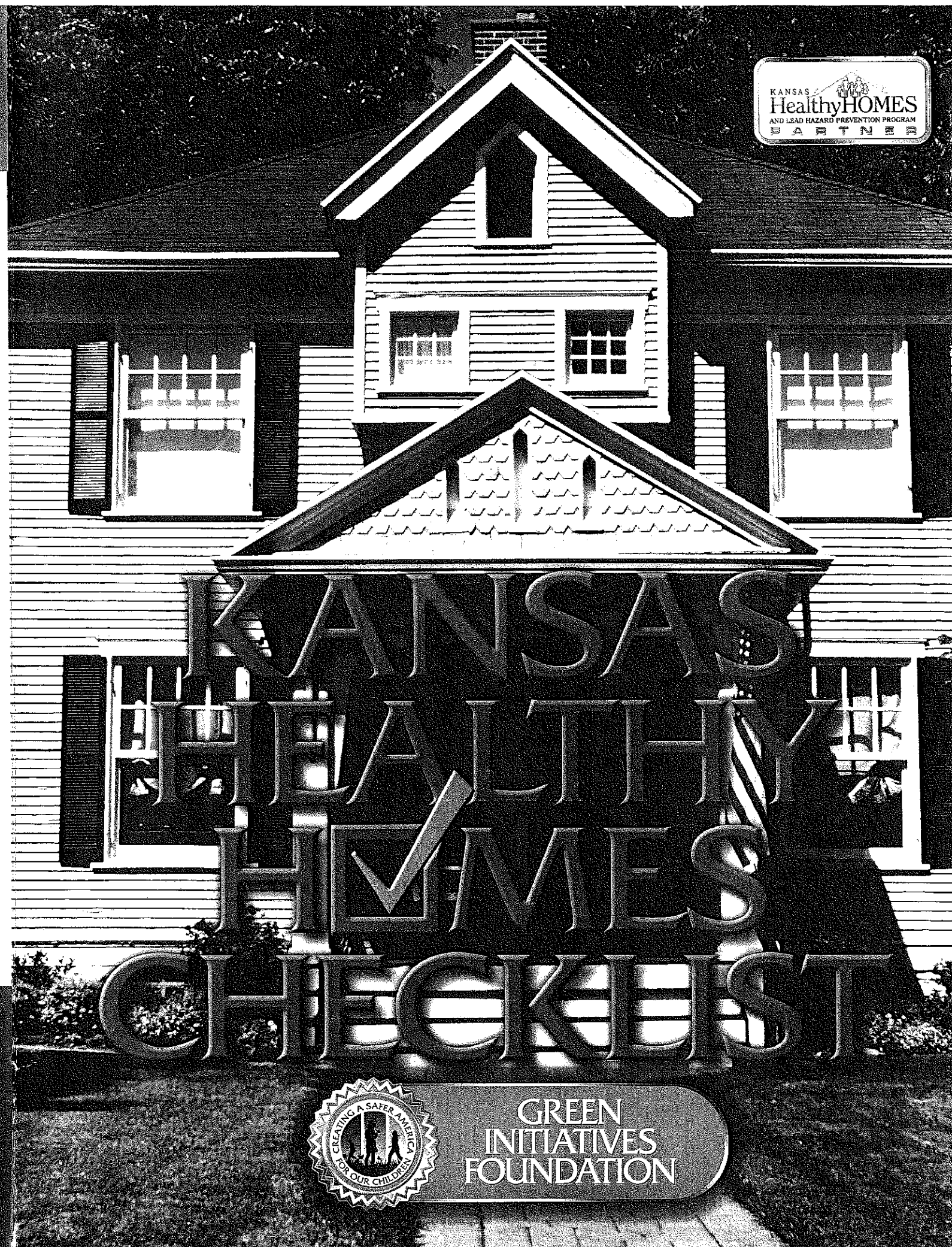
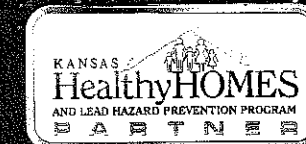
www.KSHealthyHomes.org

www.nchh.org

www.hud.gov/healthyhomes



Green Initiatives Foundation, Inc. (GIF), headquartered in Wichita, Kansas, is committed to helping governmental and private agencies in their pursuit of creating a nation of Healthy Homes. From providing Healthy Homes Calendars & Guides to this Healthy Homes Checklist, GIF is focused on reducing lead poisoning in homes as well as helping homeowners and renters create a healthier home for themselves and their families. Contact them directly for details regarding how to purchase their training materials and learn more about their Children's Wellness House. For all



GREEN
INITIATIVES
FOUNDATION

HOME SAFETY

- ◆ Are medications and cleaning supplies locked out of reach of children?
 - Install cabinet safety lock on drawers and cabinets where items are stored.
- ◆ Do you have toys, furniture or clothing that may be a choking hazard or recalled?
 - Compare & look up products that are possible hazards: www.cpsc.gov or www.safekids.org
- ◆ Do you have electrical outlet covers on all your electrical outlets?
 - Install clear, plain outlet covers on all child-accessible electrical outlets.

ALLERGIES & ASTHMA

- ◆ Common asthma & allergy triggers found indoors are:
 - ◆ Pets and the fine dander they shed from their fur & skin.
 - ◆ Pests such as mice, roaches & rats. The pest droppings, shed skin and dander are triggers for sensitive asthmatics and allergy patients.
 - ◆ Cigarette smoke.
 - ◆ Mold.
 - ◆ Chemicals like cleaning products & pesticides.
- Vacuum frequently.
- Use zippered "allergy resistant" mattress & pillow covers to keep dust mites out of sleeping spaces.
- Keep pets out of bedrooms.
- Fix water leaks & moisture issues promptly to avoid mold growth.

PEST CONTROL

- ◆ Do you clean up food and drink spills quickly?
 - Keep cleaning wipes or single-use towels nearby to make cleanup easy.
- ◆ Do you leave open food containers on counters or in cabinets?
 - Put pet food dishes away overnight.
 - Store food in tightly-sealed containers such as plastic with lids.
- ◆ Do you have leaky faucets, pipes or bathroom toilets?
 - Fix plumbing or other water leaks quickly (Pests need water to survive).
- ◆ Do you have cracks or holes around baseboards, pipes, sinks & foundation?
 - Use caulk & caulking gun to seal cracks & remove pathways for pests into your home.

CARBON MONOXIDE

- ◆ Do you run your car in an attached or detached garage with the garage door closed?
 - Post a reminder sign in garage NOT to run car with garage door closed.
 - Install carbon monoxide detector near sleeping areas.
- ◆ Are your gas appliances vented to the outside? Gas appliances can release toxic levels of carbon monoxide when not functioning properly or when used often without proper venting.
 - Vent systems should run to the outside without recirculating back into the house.
 - Check gas appliances such as clothes dryers, stoves and water heaters for safe venting.
- ◆ Have you had heating systems and chimneys inspected & cleaned yearly by a qualified technician?
 - Install carbon monoxide alarms near sleeping areas.
 - Replace batteries when daylight savings begins and ends.
 - Take immediate action if your carbon monoxide alarm sounds.

LEAD POISONING SPECIAL ALERT FOR PRE-1978 HOUSING

- ◆ How often do you wash children's hands and toys? (New or Old toys)
 - Wash hands and toys often with soap and water to remove lead dust.
- ◆ Does your yard have bare soil areas?
 - Take shoes off when entering your house to prevent lead dust from soil spreading into home and play-area floors.
- ◆ Can you see any chipping, cracked or peeling paint?
 - Take precautions when remodeling, renovating or maintaining your home to prevent lead dust. Visit this web site for more info or to find a professional in your area: www.KSHealthyHomes.org

RADON

- ◆ Has your home ever been tested for radon?
 - Complete a radon test from a hardware store or community resource to get a preliminary result about radon levels in your home.
- ◆ Do you have cracks in floors, walls and/or foundations?
 - Repair cracks with caulk, plaster or other materials designed for repairing these surfaces.
- ◆ Do you smoke?
 - Quit smoking. Smoking increases the risk of lung cancer from radon. Try Kan Quit or the Smoke Free Pledge to help get started. Find more help here: www.KSHealthyHomes.org